

Sunday, January 22, 2017  
3rd Sunday after Epiphany



**Sun. 22 Jan.** 3rd Sunday after Epiphany, II Class  
8:00 am Fr. Goodwin, FSSP  
10:30 am Pro Populo  
1:30 pm †Maria Lopresti  
6:00 pm Intentions of Indre McCluskey

**Mon. 23 Jan.** Votive Mass for Peace, II Class  
7:00 am Holy Souls  
12:15 pm †Mary Bea Cantrell

**Tues. 24 Jan.** St. Timothy, Bishop & Martyr, III Class  
7:00 am †Patricia Scully Wilson  
6:30 pm †Herman Schuchmann

**Wed. 25 Jan.** Conversion of St. Paul, III Class  
7:00 am Holy Souls  
12:15 pm †Herman Schuchmann

**Thurs 26 Jan.** St. Polycarp, Bishop & Martyr, IV Class  
7:00 am †Maria Lopresti  
6:30 pm Alison & Penny Parker

**Fri. 27 Jan.** St. John Chrysostom, Bishop, Confessor & Doctor, III Class  
7:00 am †Leticia Paijawal  
12:15 pm Eric Westmark  
6:30 pm Martin McFadden Jr. & His Children

**Sat. 28 Jan.** St. Peter Nolasco, Confessor, III Class  
7:00 am Claudia de la Pena  
9:00 am Mercedes Guido

**Sun. 29 Jan.** 4th Sunday after Epiphany  
8:00 am †Luz Moreno0.  
10:30 am Pro Populo  
1:30 pm †Maria Lopresti  
6:00 pm Intentions of Indre McCluskey

**...In Memoriam**

†Maria Lopresti, †George Klopff, †Nell Keim, †John Reyes,  
†Margaret Melusky, †Robert O’Kane

**Important Upcoming Dates**

Feb. 2—Feast of the Purification—Candlemas  
Feb. 22—Feast of the Chair of St. Peter  
March 1—Ash Wednesday  
March 11—Confirmation  
April 23—Live Performance of “Faustina”  
May 6—First Holy Communion  
June 18—24 Camp Sacred Heart  
July 23—27—Annual Retreat

**The Prayer of Jesus**

Although Jesus was always indissolubly united to His Father by the Beatific Vision and the plenitude of charity, He willed to consecrate to Him exclusively a part of His human activity: the time of prayer. The long years spent at Nazareth and the forty days in the desert were especially consecrated to prayer, and during His apostolic life Jesus usually prayed during the whole or part of the night. The Gospel clearly notes this prayer of Christ at the more solemn moments of His life: before He chose the twelve Apostles, Jesus “went out into a mountain to pray, and He passed the whole night in the prayer of God.” He prayed before Peter’s confession, before the Transfiguration, at the Last Supper, in Gethsemane, on Calvary. Moreover, He frequently interrupted His apostolic activity to retire into the desert to pray, and St. Matthew tells us that, often, before performing a miracle, He would raise His eyes to heaven and call upon His Father; he also tells us that “having dismissed the multitude, He went into a mountain alone to pray.”

We cannot imagine a more intimate and profound prayer than the prayer of Jesus. Only in heaven, where it will be given us also to see God face to face, shall we be able to understand it and really participate in it. But even here on earth we can imitate the conduct of Jesus by readily interrupting any activity, even apostolic work, in order to devote to prayer the time assigned to it, leaving everything else to focus our attention on God alone.

Only the prayer of Jesus is perfect praise and adoration of the Trinity, perfect thanksgiving and always efficacious supplication; He alone can offer infinite homage to the Trinity. Our prayer has value only insofar as we unite it to that of Jesus and try to make it an echo and extension of His.

The prayer of Jesus was completed in sacrifice; sacrifice was its logical accompaniment as well as its culmination: the sacrifice of nights spent in vigil; the sacrifice of penance, which for forty days accompanied His prayer in the desert; the sacrifice of a laborious life, without having even a place to lay His head. This rhythm of sacrifice progressively increased, until it reached its maximum in His agony in the Garden and on the Cross. At this point, the prayer of Jesus became the total sacrifice of His life for the glory of the Father and the salvation of souls.

(Divine Intimacy by Fr. Gabriel of St. Mary Magdalen, OCD.)

**From the Pastor**

The following three thoughts to help us live more fervent lives are summarized from a book of meditations by an anonymous author:

**First thought:** During my first waking moments I should reflect on the thought that this day is given to me only to glorify God, thereby ensuring my salvation (and even aid in the salvation of others). Yesterday is no longer mine, tomorrow may never be mine, only today belongs to me. How happy I’ll be if, at the end of the day, I can say I really tried to please God in all I thought, said, and did.

**Second thought:** God has prepared very many graces to bestow upon me today. Graces to help me grow in the spiritual life. Maybe even some very special grace. If I do not receive these graces it will be because of my own fault – my deliberate sins, the good I leave undone, the little love with which I perform even my good actions. The glory that I might have given God, the help I might have given my neighbor, the merit I might have gained for myself on this day will all be lost for eternity.

**Third thought:** This day may be my last. Millions of people die daily. Some quite unexpectedly. I may be one of them. If I knew that today was to be my last what would I do? What a good confession I would make. How fervent my prayer would be. How kind I would be to others. How trivial some of my worldly pursuits would appear. If I live every day in this way, death may come suddenly, but it will never be unexpected.

**“Helping a person in need is good in itself. But the degree of goodness is hugely affected by the attitude with which it is done. If you show resentment because you are helping the person out of a reluctant sense of duty, then the person may receive your help but may feel awkward and embarrassed. This is because he will feel beholden to you. If, on the other hand, you help the person in a spirit of joy, then the help will be received joyfully. The person will feel neither demeaned nor humiliated by your help, but rather will feel glad to have caused you pleasure by receiving your help. And joy is the appropriate attitude with which to help others because acts of generosity are a source of blessing to the giver as well as the receiver.”—John Chrysostom**

**Prayer to St. Joseph**

V. He made him lord of his house.  
R. And prince over all his possessions.

*Let us pray:*

O God, in Thy marvelous providence, Thou hast deigned to choose St. Joseph to be the spouse of Thy most holy Mother. We ask Thee to grant that we may deserve to have him for our intercessor in heaven, whom on earth we venerate as our protector; who livest and reignest forever and ever. Amen.

**Around the Parish**

~ **Please pray** for the repose of the soul of Mr. Savino Peter Salierno, Bill Salierno’s father. Mr. Salierno died this past Thursday. Please also pray for the consolation of Bill and his family.  
*Eternal rest grant unto him O Lord and let perpetual light shine upon him. May he rest in peace. Amen.*

**Candles for the Feast of the Purification**

If you are interested in buying candles to be blessed on the Feast of the Purification of the Blessed Virgin Mary stop by the bookstore and place your order. We will have 100% beeswax candles for purchase, also 7 day candles are available.

**Aquinas and Modern Science**

We live in a paradoxical time. Science enables us to know more and more, but it seems to be about less and less: we reach into outer space but understand less about our inner space; we create intricate machineries to direct our lives but cannot control ourselves; we see more trees but no longer the forest. Is there a remedy for these dichotomies? Yes, philosophy, which can bring coherence where fragmentation looms, opening vistas no telescope or microscope can ever reach—and especially the philosophy of Thomas Aquinas, because for more than seven centuries it has been a beacon of surety in times of uncertainty, confusion, and tribulation.

Thomas’s 13th century world was in many ways as turbulent as ours, confronted with an influx of new ideas, rife with dubious philosophies not so different from the skepticism, secularism, and relativism that saturates ours. He understood both the fascination of his contemporaries with new discoveries and the confusions they often brought. No wonder then, that his philosophy has been lauded by modern thinkers such as Albert Einstein, David Bohm, Werner Heisenberg, John Searle, and Alasdair MacIntyre—to name but a few.

The mission of *Aquinas and Modern Science: a New Synthesis of Faith and Reason* is precisely to invite you on a tour through the richness of Thomas’s philosophy in its encounter with the sciences as we know them today. Let his time-tested principles continue to serve as an anchor of intelligibility in a sea of confusing claims.  
(Available at St. Stephen’s Bookstore)

**Please Keep in Your Prayers ...**

Mike Hayes, Mike McGrath, Renee Burns,  
Barbara Graichen, Sue McGrath, Lorraine Peterson,  
Patricia Becker, Paulette Brady, James Reslock, Sandy Sney, Barbara Jeong, Beverly Longtin, John Newaz,  
Marne Merino, Jim Carlson, Darryl Gallagher,  
Fr. Goodwin, FSSP, Margaret Northan, Jean Haun



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*Your Greeting Here*

*Mother of Perpetual Help! Thank you for all the Blessings for our Family!*

*St. Joseph, powerful patron, thank you for favors granted!*



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**MASS SCHEDULE**  
**TRADITIONAL ROMAN RITE**

**Sunday:** 8:00 a.m. Low Mass  
 10:30 a.m. High Mass  
 1:30 p.m. Low Mass  
 6:00 p.m. Low Mass

**Monday:** 7:00 a.m. and 12:15 p.m.

**Tuesday:** 7:00 a.m. and 6:30 p.m.

**Wednesday:** 7:00 a.m. and 12:15 p.m.

**Thursday:** 7:00 a.m. and 6:30 p.m.

**Friday:** 7:00 a.m. and 12:15 p.m. and 6:30 p.m.

**Saturday:** 7:00 a.m. and 9:00 a.m.

**Holy Days:** Please call the office or consult the bulletin or website

**DEVOTIONS**

**Rosary:**

- Sunday: 7:30 a.m., 10:00 a.m., and after the 1:30 p.m. Mass
- Following the 12:15 p.m. Mass on weekdays

**Holy Face Novena:** 5:30 p.m. every Tuesday

**St. Monica Novena:** First Thursday of every month, following the 6:30 p.m. Mass

**Our Lady of Perpetual Help Novena:** after 6:30 p.m. Mass every Tuesday

**Fatima Procession:** 13th of every month- May to October - following the 6:30 p.m. Mass on weekdays, the 9:00 a.m. Mass on Saturdays, and the 1 p.m. Mass on Sundays

**Men's Holy League:** 3rd Wednesday of each month. Holy Hour 7pm—8 pm

**CONFESSION**

- One half hour before all Masses
- Saturdays 8:30 a.m. to 10:00 a.m.

**EXPOSITION AND BENEDICTION**  
**THE MOST BLESSED SACRAMENT**

**Thursday:** 3:00 p.m. to 6:15 p.m.

**Friday:** After 6:30 p.m. Mass

**Saturday:** After 7:00 a.m. to 8:45 a.m. (Holy Hour for Vocations)

**First Friday:** Benediction after 12:15 p.m. Mass

**SICK CALLS**

If anyone is in need of the Sacraments (i.e. homebound) please call the parish office. If it is an **emergency**, outside of office hours, dial (916) 455-5114, then press 1, and the priest-on-call will be paged immediately.

**NEW TO ST. STEPHEN'S?**

Registration forms are available in the Parish Office or Bookstore.

**ENVELOPES AND ON-LINE GIVING**

Envelopes are very helpful for our bookkeeping. PLEASE pick them up in the Parish Office or Bookstore.

For on-line giving go to the parish website:  
[www.sacfssp.com](http://www.sacfssp.com)

**St. Bernadette Fund – to aid parishioners in need!**  
 Donations may be made on-line.