#### Sunday, October 2, 2016 20th Sunday after Pentecost



Sun. 2 Oct. 20th Sunday after Pentecost, II Class

8:00 am Fr. John Lyons, FSSP 10:30 am Pro Populo 1:30 pm Ameila Mackalear 6:00 pm †Mr. Ho Van Duong

Mon. 3 Oct. St. Theresa of the Infant Jesus, Virgin,

III Class

7:00 am Fr. Gary Sumpter 12:15 pm Ben & Tritia Ruport

Tues. 4 Oct. St. Francis of Assisi, Deacon & Confessor,

III Class

7:00 am Fr. Zacary Akers, FSSP 6:30 pm Martina Amelia Castro

Wed. 5 Oct. Feria, IV Class
7:00 am Fr. Ashley Perry
12:15 pm †Fr. Peter Carota

Thurs. 6 Sept. St. Bruno, Confessor, III Class

7:00 am Maia Ruby

6:30 pm St. Monica Sodality

Fri. 7 Oct. Our Lady of the Rosary, II Class Raymond Alatorry & Family

12:15 pm Aranas Family 6:30 pm Rebecca Kasak

Sat. 8 Oct. St. Bridget of Sweden, Widow, III Class

7:00 am Mary Lon & Fran Rodeo

9:00 am Presley Family

Sun. 9 Oct. 21st Sunday after Pentecost, II Class

8:00 am Mark Gallagher 10:30 am Pro Populo

1:30 pm Fr. John Lyons, FSSP

6:00 pm FSSP

#### ...In Memoriam

†Edward Coleman, †Marilyn Goyette, †Gilbert Perry †Ruth Rodgers, †Concepcion Cristi, †Mary Gilbert, †Mary Foose, †William Munsill, †Richard Corbin, †Mikyla Pina Mutuc, †Joseph Michael Jaeger †Jerry Risse, †Anne Cummings, †Joe S. Villegas, †Lena G. Villegas, †William Philkill, †Fr. Carota, †Linda Merino, †Kathy Solari, †Maria Lopresti, †George Klopf

#### **Important Upcoming Dates**

Sept. 28—Nov.6—40 Days for Life

Oct. 7—Feast of Our Lady of the Rosary

Oct. 13—Fatima Procession Oct. 14—Youth Group

Oct. 15—Altar Guild

Oct. 18—28th Anniversary of the FSSP

Oct. 19—Holy League for Men

Oct. 31—All Saints Eve Party

Nov. 24—Thanksgiving

Jan. 21—West Coast Walk for Life

March 11—Confirmation

#### **The Formation of Apostles**

No special preparation is necessary before giving oneself to the interior apostolate, for, if a soul dedicates itself to prayer and sacrifice, not only will it help others, but at the same time it will draw great profit for its own sanctification. In fact, the practice of the interior apostolate coincides perfectly with the fundamental exercises of the spiritual life. However, the same cannot be said of the external apostolate which, by its very nature, involves cares and occupations beyond those required for one's personal progress. One who is just setting out in the spiritual life is not capable of attending to his own sanctification and the sanctification of others simultaneously; he should first have time to concentrate all his powers on his own spiritual formation. Furthermore, since the effectiveness of the apostolate corresponds to the degree of love and union with God which the apostle has attained, it is evident that a beginner will not be capable of exercising a very fruitful apostolate. Hence, if he engages in the active apostolate prematurely, he will dissipate his energy uselessly, with consequent harm to his own interior and to the fruitfulness of his apostolate.

Jesus Himself spent thirty years in prayer and retirement although, being God, He had no need to do so. It was as if He wanted to show us that before we plunge into the work of the exterior apostolate, we must have reached a certain spiritual maturity by the exercise of the interior life. He treated the Apostles in a similar way: the three years they spent with Jesus were years of true formation for them. Our Lord instructed and admonished them, taught them how to pray and to practice virtue. Only occasionally, and then with precaution, did He entrust some mission to them, in order to give them experience. Finally, before He sent them our to conquer the world, He wished to strengthen their spirit by nourishing them with His Body, calling them to witness His Passion, and reuniting them in the Cenacle to await the coming of the Holy Spirit. Thus true Catholic tradition demands that, before apostles go out into the field of battle, they must prepare themselves by the practice of an intense interior life, which will make them qualified, fruitful instruments for the good of souls.

(taken from *Divine Intimacy* by Fr. Gabriel of St. Mary Magdalen, O.C.D.)

#### From the Pastor

October 2<sup>nd</sup> is the Feast of the Guardian Angels. We don't celebrate it liturgically this year because it falls on a Sunday. However, that doesn't mean that we can't celebrate this feast privately. After God, Himself, and our Blessed Mother, there is no one who knows us better and has done more for us than our Guardian Angel. How sad for someone to be unaware of his presence, to be unaware of all he does for us, to never pray to him. St. Padre Pio, who saw and spoke with his guardian angel, wrote the following to one of his spiritual children regarding the Guardian Angels:

"Have great devotion to this beneficent angel. How consoling it is to know that we have a spirit who, from the womb to the tomb, never leaves us even for an instant, not even when we dare to sin. And this heavenly spirit guides and protects us like a friend, a brother. It is very consoling to know that this angel prays unceasingly for us, and offers God all of our good actions, our thoughts, and our desires, if they are pure. Oh! For goodness' sake, don't forget this invisible companion, ever present, ever disposed to listen to us and even more ready to console us. Oh, wonderful intimacy! Oh, blessed companionship! If only we could understand it! Keep him always before your mind's eye. Remember this angel's presence often, thank him, pray to him, always keep up a good relationship. Open yourself up to him and confide your suffering to him. Be always afraid of offending the purity of his gaze. Know this, and keep it well present in your mind. He is easily offended, very sensitive. Turn to him in moments of supreme anguish and you will experience his beneficent help. Never say that you are alone in the battle against your enemies; never say that you have no one to whom you can open you heart and confide. It would be a grave injustice to this heavenly messenger."

#### **VOICELESS**

The Pro-Life Community of Sacramento invites you to attend a Red Carpet premiere showing of a very powerful and important film: VOICELESS. This movie was created to encourage us to get involved to help women, save lives, and end abortion. The star of VOICELESS, Rusty Joiner, will be with us Opening Night, October 7th, at the Roseville Olympus Pointe Theater for a Red Carpet event at 5:30 pm, followed by a program featuring local pro-life ministries. The Voiceless movie will start at 7:00 pm. Tickets are \$10.00 and can be purchased through Eventbrite:

http://voicelessroseville.eventbrite.com/ or by calling: Joanne Dudgeon at 916-607-2228 or Mary Claire Miller at 916-708-6872.

#### **All Saints Eve**

If you would like to help with the All Saints Eve party, please call or e-mail Judy Kasak 916-989-1086 judikasak@gmail.com.

We need lots of **CANDY** for this event! You may bring it to the office or bookstore.

#### **40 Days For Life**

September 28-November 6

All are asked to be generous with their time, and to come spend just one hour as often as you like! Your presence at an abortion site speaks powerfully of your commitment to the unborn. This life-saving, peaceful, prayerful apostolate will be at 1442 Ethan Way, Sacramento (across the street from Cal Expo), Monday through Friday 7 am—7 pm. We offer women help, compassionate support, and encouragement so that they are better able to choose life for their babies.

## Prayer for Priestly and Religious Vocations

**Priest:** Let us pray for priestly and religious vocations.

All: O God, we earnestly beseech Thee to bless the Church with many priests, brothers, and sisters, who will love Thee with their whole hearts, be faithful to their vocations, and gladly spend their entire lives to teach Thy truths, serve Thy Church, and to make Thee known and loved.

**Priest:** Bless our families, bless our children.

**All:** Choose from our homes those who are needed for Thy work.

**Priest:** O Mary, Queen of priestly and religious vocations: **All:** Pray for us. Pray for our priests, seminarians and religious. Obtain for us the grace of many more. Amen.

(Please offer your reception of Holy Communion on the first Sunday of the month for vocations)

## Priestly and Religious Vocations

O God, grant that at least one of our sons may become a priest or religious brother, and one of our daughters a religious sister. We ourselves want to live as good Christians, and to guide our children always to do what is right, so that we may receive the grace, O God, to be allowed to give Thee a holy priest, brother, or sister! Amen.

(Conclude with an Our Father, Hail Mary and Glory Be)

#### Retrouvaille—Marriage Recovery

Is your marriage in trouble—miserable—dead? Retrouvaille can give you the communication skills you need to relate to one another in a better, more respectful and emotionally mature way.

The next weekend is in Sacramento, October 7—9. For more information call (800) 470-2230.

#### **Bible Study**

Fr. Savoie is presenting a 5 week series on introduction to Sacred Scripture and the Book of Genesis. The lectures are geared to a mature audience. The next class will be held on Thursday, Oct. 6th, at 7:30 pm in the parish hall.

Please Keep in Your Prayers ...

Mike Hayes, Mike McGrath, Renee Burns,,
Barbara Graichen, Sue McGrath, Lorraine Peterson,
John Reyes, Patricia Becker, Paulette Brady, James Reslock,
Sandy Sneary, Barbara Jeong, Beverly Longtin,
Mary Daley, Ramon Daley, John Newaz, Marne Merino,
Jim Carlson, Darryl Gallagher, Margaret Melusky



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Mother of Perpetual Help! Thank you for all the Blessings for our Family!



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# Saint Stephen The First Martyr Parish

Served by the Priestly Fraternity of Saint Peter

5461 44th Street, Sacramento, California 95820 Tel: (916)455-5114 Fax: (916)455-1018

Rev. Fr. John Lyons, F.S.S.P., *Pastor* Rev. Fr. Joshua Curtis, F.S.S.P., *Parochial Vicar* Rev. Fr. Dominic Savoie, F.S.S.P., *Parochial Vicar* 

www.sacfssp.com

If you wish to receive official notifications from the parish, subscribe to email: ststephenfssp-subscribe@yahoogroups.com

#### MASS SCHEDULE TRADITIONAL ROMAN RITE

**Sunday:** 8:00 a.m. Low Mass

Monday:

Tuesday:

10:30 a.m. High Mass 1:30 p.m. Low Mass 6:00 p.m. Low Mass 7:00 a.m. and 12:15 p.m. 7:00 a.m. and 6:30 p.m.

 Wednesday:
 7:00 a.m. and 12:15 p.m.

 Thursday:
 7:00 a.m. and 6:30 p.m.

 Friday:
 7:00 a.m. and 12:15 p.m.

**Friday:** 7:00 a.m. and 12:15 p.m. and 6:30 p.m. **Saturday:** 7:00 a.m. and 9:00 a.m.

*Holy Days:* Please call the office or consult the

bulletin or website

#### **CONFESSION**

- One half hour before all Masses
- Saturdays 8:30 a.m. to 10:00 a.m.

## EXPOSITION AND BENEDICTION THE MOST BLESSED SACRAMENT

Thursday: 3:00 p.m. to 6:15 p.m.

Friday: After 6:30 p.m. Mass

Saturday: After 7:00 a.m. to 8:45 a.m.

(Holy Hour for Vocations)

First Friday: Benediction after 12:15 p.m. Mass

#### SICK CALLS

If anyone is in need of the Sacraments (i.e. homebound) please call the parish office. If it is an **emergency**, outside of office hours, dial (916) 455-5114, then press 1, and the priest-on-call will be paged immediately.

#### **DEVOTIONS**

#### Rosary:

- Sunday: 7:30 a.m., 10:00 a.m., and after the 1:30 p.m. Mass
- Following the 12:15 p.m. Mass on weekdays

Holy Face Novena: 5:30 p.m. every Tuesday

**St. Monica Novena:** First Thursday of every month, following the 6:30 p.m. Mass

*Our Lady of Perpetual Help Novena:* after 6:30 p.m. Mass every Tuesday

*Fatima Procession:* 13th of every month- May to October following the 6:30 p.m. Mass on weekdays, the 9:00 a.m. Mass on Saturdays, and the 1 p.m. Mass on Sundays

#### **NEW TO ST. STEPHEN'S?**

Registration forms are available in the Parish Office or Bookstore.

#### ENVELOPES AND ON-LINE GIVING

Envelopes are very helpful for our bookkeeping. PLEASE pick them up in the Parish Office or Bookstore.

For on-line giving go to the parish website: www.sacfssp.com

St. Bernadette Fund – to aid parishioners in need! Donations may be made on-line.